

Yellow Belt Terms

Counting

One	Ha Na
Two	Dool
Three	Set
Four	Net
Five	Da Sut

General terms

National Flag	Kuk Gue
Instructor	Sah Bum Nim
Student	Jae Ja
Warm up exercises	Chaecho
Form	Poom Sae

Commands

Ready	Choon Bee
Begin	Shi-Jhak
Return to Order	Bah Roh
Yell or Shout	Ki Op
Attention	Cha Ryut

Orange Belt Terms

Counting

Six	Ya Sut
Seven	Il Gop
Eight	Yuh Dul
Nine	Ah Hop
Ten	Yul

General terms

Belt	Dee
Basic	Ki Bon
Breaking	Kyuk Pa
Training Hall	Do Jang
Uniform	Do Bok
Way of Hands and Feet	Taekwondo

Commands

Continue	Kay Sook
Turn around	Dwe Ro Tora

Techniques

Front Stance	Jung Gol Sa Gi
Back Stance	Fu Gol SA Gi

Green Belt Terms

Counting (Ordinal)

First	IL
Second	E
Third	Sam
Fourth	Sah
Fifth	O

General terms

Class of Belt	Gup
Front Leg	Ap Bal
Side	Yup

Techniques

Down Block	Han Dan Maki
Middle Block	Joon Dan Maki
Upper Block	Shang Dan Maki
Roundhouse Kick	Dol Yu Cha Gi
Counter Kick	Badah Chagi

Commands

Sit	Anja
Stand	Iluseh

Blue Belt Terms

Counting (Ordinal)

Sixth	Yuk
Seventh	Chill
Eighth	Pal
Ninth	Koo
Tenth	Ship

General terms

Colored Belt Holder	Yu Gup Ja
Senior Student	Kyo Bun Nim
Junior Student	Hoo Beh
Head of Martial Arts School	Kwang Jang Nim
Self Defense	Ho Shin Sool
Sparring	Dae Ryun

Techniques

Side Kick	Yup Cha Gi
Crescent Kick	Ban Dol Chagi
Reverse Crescent Kick	Bandae Ban Dol Chagi
Horseback Stance	Kima SA Gi

Purple Belt Terms

General terms

Degree	Dan
Punching Exercise	Jung Kwon Jirugi

Commands

Switch Sides	Bandae Ro
Slide Forward	Chon Jin
Slide Backward	Hoo Jin

Techniques

Fore Fist	Jung Kwon
Back Fist	Yi Kwon
Knife Hand	Soo Do
Ridge Hand	Yuk Soo Do
Turning Back Side Kick	Dwe Dol Yu Yup Cha Gi
Spinning Roundhouse Kick	Narra Bon
Spinning Wheel Kick	Hwe Chook Chagi
Ax Kick	Jik A Chagi
Stretching Front Kick	Ap Cha Olli Gi

Brown Belt Terms

General terms

Blue	Chong
Red	Hong
Test	Shim Sah
Training	Soo Ryun
Meditation	Muk Nyum
Focus of Eyes	Shi Shun
Technique	Ki Sool
Black Belt Holder	Yu Dan Ja

Commands

Rest or Relax	Shi Yeu
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Techniques

Jump	Dwi Mu
Back Kick	Dwit Chagi
Mountain Block	San-Tuhl Make
One step sparring	Ibo Dae Ryum
Three Step sparring	Sam bo dryun

Red Belt Terms

Counting

Twenty	Soo Mool
Thirty	Shu Rune
Forty	Ma Hoon
Fifty	She Un
Sixty	Ye Soon
Seventy	Yu Run
Eighty	Ye Dun
Ninety	A Hoon

Sparring Terms

Point	Duk Jum
One point deduction	Kam Jum
Fighting	Kyu Roo Gi
That's Enough	Ko Mahn

Courtesy Phrases

You're Welcome	Cha Ma Na Oh
Thank you	Gam Sah Hop Ni Da
How are you?	Anyung Ha Shim Ni Ka?

Red-Black Belt Terms

Counting

Hundred	Baik
Thousand	Chun
Ten Thousand	Mhan
Hundred Thousand	Ship Mahn
Million	Baik Mahn

Tenets of TKD

Courtesy	Yeh UL
Self Control	Guk Gee
Integrity	Yum Chee
Spirit	Choong Shin
Perseverance	In Neh

Sparring Terms

Light Contact Fighting	Yak Suk Kyu Roo Gi
Time	Shi Gun
Break the action	Kalyeo
Warning	Kyung Go
Winner	Seung