

# J. R. Miller Martial Arts

## PURPLE BELT TERMS

### General terms

Degree	Dan
Punching Exercise	Jung Kwon Jirugi

### Commands

Switch Sides	Bandae Ro
Slide Forward	Chon Jin
Slide Backward	Hoo Jin

### Techniques

Fore Fist	Jung Kwon
Back Fist	Yi Kwon
Knife Hand	Soo Do
Ridge Hand	Yuk Soo Do
Turning Back Side Kick	Dwe Dol Yu Yup Cha Gi
Spinning Roundhouse Kick	Narra Bon
Spinning Wheel Kick	Hwe Chook Chagi
Ax Kick	Jik A Chagi
Stretching Front Kick	Ap Cha Olli Gi

**All previous terms required for Purple Belt Test**