

# J. R. Miller Martial Arts

## GREEN BELT TERMS

### Counting(Ordinal)

First	IL
Second	E
Third	Sam
Fourth	Sah
Fifth	O

### General terms

Class of Belt	Gup
Front Leg	Ap Bal
Side	Yup

### Techniques

Down Block	Han Dan Maki
Middle Block	Joon Dan Maki
Upper Block	Shang Dan Maki
Roundhouse Kick	Dol Yu Cha Gi
Counter Kick	Badah Chagi

### Commands

sit	Anja
Stand	Iluseh

**All previous terms required for Green Belt Test**